

# Emergency Preparedness

Many people are concerned about the possibility of a disaster. You can take steps now to help you prepare for an emergency and cope if an emergency does happen. In a disaster local officials and relief workers cannot reach everyone immediately. Help may not arrive for hours or in several cases days. If a disaster strikes the community, you might not have access to food, water, or electricity for some time. You should have emergency kits for your home, office, school, and vehicle. Here are some steps you can take to help you family stay safe and healthy during a disaster.

## EMERGENCY SUPPLIES KIT

- ◆ WATER: One gallon per person per day for drinking water and sanitation. (Store a three day supply).
- ◆ FOOD: Ready to eat food, canned juices, comfort type food that is easily prepared without cooking. (Store a three day supply)
- ◆ PETS: Don't forget to store three days worth of your pets food.
- ◆ UTENSILS: Mess kit, paper plates, cups, plastic utensils and paper towels.
- ◆ BATTERIES: Make sure you have all the sizes you will need.
- ◆ Flashlights for every family member.
- ◆ Battery powered or crank radio.
- ◆ Fully stocked first aid kit.
- ◆ Non-prescription medications, contact lenses and denture needs.
- ◆ Whistle to signal for help.
- ◆ Manual can opener.
- ◆ Moist towelettes, garbage bags and plastic ties for sanitations.
- ◆ Personal hygiene items.
- ◆ Plastic sheeting and duct tape.
- ◆ Coat, gloves and hats for each family member.
- ◆ Complete change of clothing (weather appropriate) for each family member including sturdy boots.
- ◆ Sleeping bag or warm blankets for each member of the family.
- ◆ Matches in a waterproof container.
- ◆ Cash/Change
- ◆ Passports, bank and credit card account numbers and companies.
- ◆ Important family documents such as copies of insurance polices.
- ◆ Entertainment such as books, puzzles, battery operated music device.

This kit can be modified to meet your family's personal needs. Re-think your kit at least once a year so that they are safe to use when needed.

Thank you,

**Town of Milton Disaster Preparedness Committee**